Treating Women Differently: The Case for Sex-Based Medicine

Friday, November 21, 2014
12:00 - 5:00 p.m.
Prentice Women’s Hospital
Chicago, Illinois

Sponsored by Northwestern Medicine
Treating Women Differently: The Case for Sex-Based Medicine

Course Director: Marla A. Mendelson, MD

Since the passage of NIH Revitalization Act of 1993, mandating the inclusion of women in federally funded clinical trials, there has been a growing body of evidence that sex differences are found in all body systems beyond reproductive health. Sex differences can have significant and underestimated consequences in clinical medicine.

New scientific and clinical interest is arising in sex- and gender-based medicine. The objectives of this conference are to highlight gender-based differences in diagnosis and treatment in the specific areas of Cardiology, Dermatology, Neurology, Psychiatry and Pelvic Health. Please join us as we highlight the Women’s Centers for specialty medical care at Northwestern Medicine.

Program Objectives
After attending this educational activity, participants should be able to:

- Enhance patient care with a heightened awareness of gender-based differences
- Recognize available resources to improve patient care in women’s health

For more information, please contact Sarah Baggs at Northwestern Memorial Hospital at 312-926-7975.

Program Location
The program will be held Northwestern’s Prentice Women’s Hospital, 250 E. Superior Street, Third Floor, Conference Room L South, Chicago, IL.

Directions and Parking
Please visit our website at nm.org for directions to the conference. We offer discounted parking in the garage just south of the hospital at 222 E. Huron Street. Please bring your parking ticket with you.

Audience
The content of the program is appropriate for physicians and other healthcare providers caring for female patients.

Registration Fee
The fee is $25 for physicians and $15 for trainees, nurses and other healthcare professionals. A buffet lunch and refreshments are provided. Space is limited. Registration is accepted on a first-come, first-served basis. Refunds will not be issued.

Registration Procedure
Complete the registration form and mail it with your check made payable to Northwestern Memorial Hospital (CME) to the address listed below, prior to November 14, or fax registration form with credit card information to Sarah Baggs at 312-694-2249 (this is a private line).

For additional information:
Northwestern Memorial Hospital
541 N. Fairbanks Court, Suite 1842
Chicago, IL 60611
Phone: 312-926-7975 • Fax: 312-694-2249 • Email: sbaggs@nmh.org

Accreditation Statement
The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation Statement
The Northwestern University Feinberg School of Medicine designates this educational activity for a maximum of 3.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Hotel Accommodations
To make a hotel reservation, please call the Hyatt Chicago Magnificent Mile at 888-591-1234. We recommend you make your reservations as soon as possible in order to guarantee accommodations.

Family Attractions
Prentice Women’s Hospital is located in the heart of Chicago, within walking distance of a variety of restaurants, public transportation and the Magnificent Mile, Chicago’s premier shopping area. The Magnificent Mile Lights Festival will take place on November 22, with a parade down Michigan Avenue from Oak Street to Wacker Drive. For a listing of all Chicago has to offer, visit cityofchicago.org.
AGENDA

12:00 p.m. ................................................ Registration and lunch

1:00 p.m. ....................................................... Welcome
Marla A. Mendelson, MD

1:15 p.m. ..................................................... Center for Women’s Cardiovascular Health
Marla A. Mendelson, MD

1:35 p.m. .................................................... Women’s Skin Health Program
Bethanee J. Schlosser, MD, PhD

1:55 p.m. .................................................... Women’s Neurology Center
Elizabeth E. Gerard, MD

2:15 p.m. .................................................. Asher Center for the Study and Treatment of Depressive Disorders
Katherine L. Wisner, MD, MS

2:35 p.m. .................................................. Integrated Pelvic Health Program
Kimberly S. Kenton, MD, MS

2:55 p.m. ................................................... Refreshment Break/Exhibits

3:15 p.m. - 4:00 p.m. ................................. Workshop Round 1 (select 1)
The Care of Women with Heart Disease Throughout Their Lives
Marla A. Mendelson, MD, and Vera H. Rigolin, MD

Subspecialty Care for Women with Neurologic Disorders
Hrayr P. Attarian, MD, Joy A. Derwenskus, DO, Elizabeth E. Gerard, MD, and Ilana M. Ruff, MD

Mental Health is Fundamental to Health: Depression and Women’s Reproductive Lives
Katherine L. Wisner, MD, MS

Women with Skin Disorders: Special Considerations
Bethanee J. Schlosser, MD, PhD

Childbirth and the Pelvic Floor
Kimberly S. Kenton, MD, MS, and Christina E. Lewicky-Gaupp, MD

4:05 p.m. - 4:45 p.m. ................................. Workshop Round 2 (select 1)
The Care of Women with Heart Disease Throughout Their Lives
Marla A. Mendelson, MD, and Vera H. Rigolin, MD

Subspecialty Care for Women with Neurologic Disorders
Hrayr P. Attarian, MD, Joy A. Derwenskus, DO, Elizabeth E. Gerard, MD, and Ilana M. Ruff, MD

Mental Health is Fundamental to Health: Depression and Women’s Reproductive Lives
Katherine L. Wisner, MD, MS

Women with Skin Disorders: Special Considerations
Bethanee J. Schlosser, MD, PhD

Office Evaluation and Management of Incontinence
Kimberly S. Kenton, MD, MS, and Christina E. Lewicky-Gaupp, MD

4:45 p.m. ................................................... Closing Comments and Adjournment
Course Director

Marla A. Mendelson, MD  
*Medical Director,*  
*Program for Women’s Cardiovascular Health*  
Bluhm Cardiovascular Institute  
*Associate Professor of Medicine-Cardiology*  
Northwestern University  
Feinberg School of Medicine

Program Faculty

Hrayr P. Attarian, MD, FACC, FAASM  
*Neurologist*  
Women’s Neurology Center  
*Professor of Medicine-Neurology*  
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Circadian Rhythms and Sleep Research Lab  
*Associate Professor of Medicine-Neurology*  
Northwestern University  
Feinberg School of Medicine

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Women’s Neurology Center  
*Assistant Professor of Medicine-Neurology*  
Northwestern University  
Feinberg School of Medicine

Kimberly S. Kenton, MD  
*Director, Integrated Pelvic Health Program*  
*Chief and Fellowship Director, Female Pelvic Medicine & Reconstructive Surgery*  
*Professor of Medicine-Obstetrics & Gynecology and Urology*  
Northwestern University  
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Christina E. Lewicky-Gaupp, MD  
*Assistant Professor,*  
*Associate Residency Program Director*  
Northwestern University  
Feinberg School of Medicine  
*Department of Obstetrics and Gynecology*  
*Division of Female Pelvic Medicine and Reconstructive Surgery*

Vera H. Rigolin, MD  
*Associate Medical Director,*  
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Ilana M. Ruff, MD  
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Bethanee J. Schlosser, MD, PhD  
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Northwestern University  
Feinberg School of Medicine
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Northwestern Memorial Hospital
541 N. Fairbanks Court, Suite 1842
Chicago, IL 60611

Name: ___________________________________________ Title: __________________________________________

Medical Specialty/Subspecialty: ________________________________________________________________

☐ MD ($25) ☐ RN ($15) ☐ NP ($15) ☐ Other ($15)

☐ Check ☐ Credit Card

Circle One: VISA MC AMEX #: ____________________________ Exp. Date: ____________________________

Hospital Affiliation(s): __________________________________________________________________________

Mailing Address: ________________________________________________________________________________

City: __________________________________ State: __________________________ ZIP: ________________________

Phone: __________________________________ Fax: ____________________________________________

E-mail: ________________________________________________________________

Please Indicate Any Special Needs: _____________________________________________________________________________________________

Dietary Preferences: ________________________________________________________________________________________________