

IV Contrast Dye Allergy Preparation

Iodine contrast or dye will be used during your test or procedure. Before the test, patients with an iodine allergy may need to take certain medications. This is important to avoid serious side-effects from the dye.

Before the test, patients with an iodine allergy may need to take certain medications.

Before the Test/Procedure

At least **24 hours** before your test:

- Obtain prescriptions from your doctor
- Fill prescriptions

13 hours before your test:

- Take prednisone, 50 mg by mouth

7 hours before your test:

- Take prednisone, 50 mg by mouth

1 hour before your test:

- Take prednisone, 50 mg by mouth
- Take Benadryl®, 50 mg tablets

Take these medications with water. Based on your test, if food and liquid intake is not allowed, take medications with small sips of water.

If these medications are not taken as directed, your test may not be done.

Health Information Resources

For more information, visit one of Northwestern Memorial Hospital's Health Learning Centers. These state-of-the-art health libraries are located on the third floor of the Galter Pavilion and on the first floor of the Prentice Women's Hospital. Health information professionals are available to help you find the information you need and provide you with personalized support at no charge. You may contact the Health Learning Centers by calling 312-926-LINK (5465) or by sending an e-mail to hlc@nmh.org.

For additional information about Northwestern Memorial Hospital, please visit our Web site at www.nmh.org.

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