

*Each patient's
reaction to
chemotherapy
is different.*

Post Chemotherapy: Discharge Guidelines

Coping with the changes brought about by cancer treatment is easier when you have information and support. Since each patient's reaction to chemotherapy differs, please discuss any questions or concerns with your doctor. Please call the nurses' station.

For the first 24 hours please call the nurses' station if you have any questions about how to care for yourself,

Nurses' station telephone number: _____

If you notice any of the following, please contact your doctor.

- A temperature of 100.5° F or higher
- Shaking or chills
- Shortness of breath
- Persistent bleeding, such as nosebleeds, easy bruising or black tarry stools
- Mouth sores that prevent you from eating or cause pain when you swallow
- Uncontrolled nausea and vomiting
- Uncontrolled diarrhea
- Extreme weakness
- Confusion or extreme/increased sleepiness
- Constipation for more than 48 hours
- Swelling of feet or arms
- Any new symptoms that were not present before your chemotherapy treatment

Notes:

Health Information Resources

For more information, visit one of Northwestern Memorial Hospital's Health Learning Centers. These state-of-the-art health libraries are located on the third floor of the Galter Pavilion and on the first floor of the Prentice Women's Hospital. Health information professionals are available to help you find the information you need and provide you with personalized support at no charge. You may contact the Health Learning Centers by calling 312-926-LINK (5465) or by sending an e-mail to hlc@nmh.org.

For additional information about Northwestern Memorial Hospital, please visit our Web site at www.nmh.org.

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Developed by: Gyne/Oncology Nursing and Medical Oncology Nursing

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